

AP McCoy *by Oliver Townend*



AP McCoy finally wins the Grand National, at the 15th attempt, on Don't Push It in 2010

'What always stood out for me was the complete confidence he had in himself that he could win'

WHENEVER I was watching racing and AP McCoy was riding, everything around me would stop and I'd be 100% focused on him.

I've heard him say that he wasn't always the best rider, but what always stood out for me was the complete confidence he had in himself that he could win any race on any horse.

There are occasions when I convince myself that, whatever

horse I'm riding, by some miracle I could win, and when I don't, I beat myself up about it. I can relate to him in that way.

I met him both while he was racing and after he retired. He impressed me with how focused he was during his career, and he's impressed me after his retirement because anybody who can hold it together after retiring from a career they love has my utter respect. His strength of character

OLIVER TOWNEND



Rider Masters series and finished top of the BE rider rankings for the sixth time.

The British event rider won both Badminton and Burghley in 2009, followed by the British national championship title at the Festival of British Eventing (BE) in 2012 and 2016. Last season Oliver won the inaugural Event

has been inspirational and I see a lot of him in myself.

For all the lads in the weighing room to say how much they like him, even after they've been beaten by him day in, day out, shows how much he is respected and what a good guy he is. H&H

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